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**Our mission is to prepare all learners with the academic, social,
and personal skills for lifelong success.**



October 2024 Newsletter

UPCOMING EVENTS

October 2nd | School Picture Day

October 3rd | Elementary PTO meeting @ 7:00pm

October 4th | Early Out @ 12:35

October 7th-11th | Homecoming Week

October 8th | Operating Referendum Informational Session @ 7:00pm

October 9th | Walk & Roll to School Day

October 9th | Homecoming Coronation @ 2:30pm

October 11th | 3 Week Progress Report

October 14th | City Council Meeting @ 7:00pm

October 15th | Early Out @ 12:35

October 15th | Parent Teacher Conferences @ 1:30pm-7:30pm

October 15th | School Board Meeting @ 7:00pm

October 17th-18th | No School (MEA Break)

October 23rd | Northern Valley Career Expo (10th grade)

October 28th - November 1st | Red Ribbon Week

October 28th | Halloween Party/Haunted House @ 6:00pm-7:00pm

October 31st | Halloween Showcase

OCTOBER
BREAKFAST 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Whole Grain Muffin Fruit Juice Milk	2 Mini French Toast Fruit Juice Milk	3 Cereal Hard Boiled Egg Fruit/Juice Milk	4 Cinnamon Roll Fruit Juice Milk
7 Cereal Cheese stick Fruit/Juice Milk	8 Fruitel Fruit Juice Milk	9 Pancakes Syrup Fruit/ Juice Milk	10 Cereal Toast Fruit/Juice Milk	11 Banana Bread Fruit Juice Milk
14 Cereal Cheese stick Fruit/Juice Milk	15 Apple Donut Fruit Juice Milk	16 Mini French Toast Fruit Juice Milk	17 NO SCHOOL	18 NO SCHOOL
21 Cereal Cheese Stick Fruit/Juice Milk	22 Bagel Fruit Juice Milk	23 Mini Waffle Fruit/Juice Milk	24 Cereal Hard Boiled Egg Fruit/Juice Milk	25 Long John Fruit Juice Milk
28 Cereal Cheese Stick Fruit/Juice Milk	29 Breakfast Round Fruit Juice Milk	30 Pancake Sausage Wrap Fruit Juice Milk	31 Cereal Yogurt Fruit/Juice Milk	

This institution is an equal opportunity provider.
*Lactose milk is available with written request from the District Office.
*Second Entrees are available to be purchased by senior high students when available.
*Students may select an entrée, bread (some entrées are both meat and bread), 1 fruit, and milk to make a complete meal.
*Menu items are subject to change without prior notice

Meal Prices: Pre-K-12th - Free
Adult breakfast: 2.25 Extra Milk: .55
2nd Entrée 2.00 Ala Cart Item: 2.00

OCTOBER
LUNCH 2024

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Fiestada Pizza Corn Fruit Milk	2 Chicken Strips Mashed Potatoes /Gravy Dinner Roll Fruit Milk	3 Taco Plate Meat-cheese Black Beans Fruit Milk	4 French Bread Pizza Marinera Green Beans Fruit Milk
7 Corn Dog Smile Fries Baked Beans Fruit Milk	8 Hamburger Gravy Mashed Potatoes Dinner Roll Fruit Milk	9 Cheese Pizza Green Beans Fruit Milk	10 Crispito Corn Fruit Milk	11 BBQ on a bun Baked Chips Mixed Vegetables Fruit Milk
14 Chicken Patty on a bun Tater Tots Green Beans Fruit Milk	15 MAXX Sticks Marinera Corn Fruit Milk	16 Spiral Macaroni Hotdish Bread Stick Mixed Vegetable Fruit Milk	17 NO SCHOOL	18 NO SCHOOL
21 Lasagna Roll up Breadstick Green Beans Fruit Milk	22 Soft Shell Taco Refried Beans Fruit Milk	23 Mini Corn Dog Potato Wedges Fruit Milk	24 Chicken and Gravy Mashed Potatoes Dinner Roll Fruit Milk	25 Sub Sandwich Sun Chips Baked Beans Fruit Milk
28 Hamburger on a bun Smile Fries Green Beans Fruit Milk	29 Grilled Cheese Tomato Soup Mixed Vegetables Fruit Milk	30 Grilled Chicken on a Bun Macaroni and Cheese Green Beans Fruit Milk	31 Chili Garlic Toast Corn Fruit Milk	

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*Menu items are subject to change without prior notice

Meal Prices: Pre-K-12th - Free
Adult lunch: 5.25 Extra Milk: .55
2nd Entrée 2.00 Ala Cart Item: 2.00

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Backpack Program

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The Fisher Backpack Program provides students with non-perishable food throughout the weekend or long school break when other resources are not available.

Backpack Food is:

*Delivered every Friday

*Placed in your child's backpack

*No cost to your family

Please contact your child's teacher or Ms. Bruer to apply (891-4105).




Counselor's Corner

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Counselor's Corner

Mrs. Ring's Update

October brings cooler weather and the excitement of fall activities. This month, we'll be focusing on the importance of building empathy and understanding within our school community. As we celebrate the season, let's also take time to appreciate the diverse perspectives and experiences!

Upcoming Events

- **Oct 11** - 3 Week Grading Check
- **Oct 14**
 - Jamestown Admissions Visit | 10:15am, parents welcome
 - EOC Visit | 12:30pm, Seniors to begin FAFSA process, parents welcome
- **Oct 15** - Parent Teacher Conferences
- **Oct 16** - Military Visit | 2:30pm
- **Oct 23** - Alerus Career Expo
- **Oct 29** - Bemidji State Admissions Visit | Time to be announced
- **Nov 1** - End of Quarter 1
- **Nov 14** - EOC Visit | 8:15 am, Seniors to set up FAFSA ID, parents welcome to set up FAFSA ID

Focus of the Month: Building Empathy & Understanding

Empathy is the ability to understand and share the feelings of others. Children look to adults in their life to learn their own behaviors, think "Monkey See, Monkey Do". Model to them the skills of listening without judgement, blame, or needing to fix. This can be very simple and can go a long ways in making someone feel seen and heard.

Wellness Tips: Check Your Bias

Humans are naturally attracted to "sames" - same experiences, same taste, same style, etc. But we wouldn't grow or have interesting art, be able to explore, or gain new knowledge if we were all the same! It can be uncomfortable to notice our own biases, but it is empowering information to know and to celebrate our differences!

<https://implicit.harvard.edu/implicit/takeatest.html>

Contact Information:

If you have any questions or would like to discuss how to support your child's progress, please feel free to contact me at rings@fisher.k12.mn.us

TURKEY BINGO

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TURKEY BINGO

Tuesday, November 12th

6:30 pm – 8:00 pm

Fisher School

\$3.00 for 10 games

Winner of each bingo will receive a turkey.

The final blackout winner will receive a turkey and a \$50.00 Hugo's gift card. Snacks and drinks will be available for purchase.

Sponsored by the Fisher Student Council and Fisher Chamber of Commerce.

ACTIVITIES

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Please like and follow "Climax-Fisher Activities" on Facebook to find the latest updates on all extracurricular activities!

Sports Schedules & Events

WE ARE HIRING

Paraprofessionals

Long Term Substitute Teacher

School Bus Driver

Junior High Boys Basketball Coach

Junior High Girls Basketball Coach

Junior High Track Coach

Early Out

October 4th

12:35

October 15th

12:35

★ **SCHOOL** ★
PICTURE

★ **DAY** ★



October 2nd

Apply Now!

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