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**Our mission is to prepare all learners with the academic, social,
and personal skills for lifelong success.**



September 2024 Newsletter

UPCOMING EVENTS

September 6th | Fisher Elementary PTS Meeting @ 6:00pm

September 16th-17th | Hearing and Vision Tests

September 20th | 3 Week Progress Report

September 23rd | Booster Club meeting @ 7:00pm

September 23rd | School Board Meeting @ 7:00pm

MENUS

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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Frudel Fruit Juice Milk	4 Pancakes Fruit Juice Milk	5 Cereal Toast Fruit/Juice Milk	6 Banana Bread Yogurt Fruit/ Juice Milk
9 Cereal Cheese stick Fruit/Juice Milk	10 Apple Donut Fruit Juice Milk	11 Mini French Toast Fruit/ Juice Milk	12 Cereal Yogurt Fruit/Juice Milk	13 Breakfast Pizza Fruit Juice Milk
16 Cereal Cheese stick Fruit/Juice Milk	17 Mini Bagel Fruit Juice Milk	18 Mini Waffle Fruit Juice Milk	19 Cereal Hard Boiled Egg Fruit/Juice Milk	20 Long John Donut Fruit Juice Milk
23 Cereal Cheese Stick Fruit/Juice Milk	24 Breakfast Round Fruit Juice Milk	25 Pancakes and Sausage Wrap Fruit/Juice Milk	26 Cereal Yogurt Fruit/Juice Milk	27 Mini Bagel Fruit Juice Milk
30 Cereal Cheese Stick Fruit/Juice Milk				

This institution is an equal opportunity provider.

*Lactose milk is available with written request from the District Office. *Second Entrees are available to be purchased by senior high students when available.

*Students may select an entrée, bread (some entrées are both meat and bread), 1 fruit, and milk to make a complete meal.

*Menu items are subject to change without prior notice

**SEPTMEBER
LUNCH 2024**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3 Corn Dog Smile Fries Baked Beans Fruit Milk	4 Pizza Green Beans Fruit Milk	5 Chicken Nuggets Mixed Veggies Fruit Milk	6 Crispito Salsa Corn Fruit Milk
9 Chicken Patty on Bun Tater Tots Green Beans Fruit Milk	10 Maxx Sticks Marinera sauce Mixed Vegetables Fruit Milk	11 COOKS CHOICE	12 BBQ on a bun Baked Chips Green Beans Fruit Milk	13 Fiestada Pizza Baked Beans Fruit Milk
16 Lasagna Roll up Breadstick Green Beans Fruit Milk	17 Soft Shell taco with Cheese Refried Beans Fruit Milk	18 Mr.Rib Potato Wedge Corn Fruit Milk	19 Hamburger gravy Mashed Potatoes Dinner Roll Fruit Milk	20 Sub Sandwich Sun chips Baked Beans Fruit Milk
23 Hamburger on a bun Smile Fries Green Beans Fruit Milk	24 Grilled Cheese Tomato soup Mixed Vegetables Fruit Milk	25 Grilled Chicken on A bun Mac & Cheese Green Beans Fruit Milk	26 Chili Carlic Toast Corn Fruit Milk	27 Cheese Quesadilla Baked Beans Fruit Milk
30 Hot dog on a bun Hashbrown Patty Baked beans Fruit Milk				

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Backpack Program

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The Fisher Backpack Program provides students with non-perishable food throughout the weekend or long school break when other resources are not available.

Backpack Food is:

- *Delivered every Friday

- *Placed in your child's backpack

- *No cost to your family

Please contact your child's teacher or Ms. Bruer to apply (891-4105).




Counselor's Corner

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Counselor's Corner

Mrs. Ring's Update

Transitions have never been a strong suit for me personally, which always made getting back into the school schedule so difficult! I am sure everyone can relate to the pains of getting back into school: waking up at certain times, not getting to eat whenever, and making time for everything that needs to get done!

Focus of the Month:

Make a Standard for Habits

Building and maintaining a habit takes a lot of mindfulness. Young people have a hard time with habits because it requires a strong concept of cause and effect, which isn't a fully formed area in the brain of a growing teenager. Parents, coaches, teachers, and other adults can help with reinforcing good habits. Think of what motivates and be sure to include positive reinforcements!

Wellness Tips:

- Quality studying and homework ideally takes place in a designated study area that is well lit. Experts advise against working or studying in bed. Same with pre-bedtime device usage!
- Brains need breaks! Try study-to-break ratios and find what works best for you!
- Help your teen to break down tasks into manageable bits. Help them to see all that they can accomplish!

Important Dates and Events

- **September 20th:**
3 Week Grading Check.
- **September 24th, 12-1pm:**
Parent Education Webinar, Erin Walsh discussing 3 strategies to connect with your teen (Polk Co. Residents are free) <https://www.ndsu.edu/agriculture/extension/events/ndsu-extension-parent-and-family-education-webinar>
- **October 9th:**
See Education in Action Day at UND
- **October 14th:**
University of Jamestown admissions visit at 10:15am. Parents welcome.

Contact Information:

If you have any questions or would like to discuss how to support your child's progress, please feel free to contact me at rings@fisher.k12.mn.us

ACTIVITIES

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Please like and follow "Climax-Fisher Activities" on Facebook to find the latest updates on all extracurricular activities!

Sports Schedules & Events

WE ARE HIRING

Paraprofessionals

Long Term Substitute Teacher

School Bus Driver

Junior High Boys Basketball Coach

Junior High Girls Basketball Coach

Junior High Track Coach

Early Out

October 4th

12:45

★ **SCHOOL** ★
PICTURE
★ **DAY** ★



October 2nd

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